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Shoulder Subspecialist

Bone and Joint Specialists

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New Minimally Invasive Procedure to treat chronic shoulder instability

Arthroscopic Bristow-Latarjet procedure

Dr. Bartholomew now offers the latest arthroscopic procedure to treat chronic shoulder instability. Developed by Dr. Laurent Lafosse, one of the world's leading arthroscopic shoulder surgeons, this technique can now be done via an all arthroscopic approach. This means less pain, and quicker recovery time. Dr Bartholomew has recently traveled to Anncey, France to spend exclusive time with Dr. Lafosse to learn this new technique.

Patients who are good candidates for this procedure are those with significant glenoid bone loss (>25%), failed soft tissue instability repair, generalized ligamentous laxity, certain types of capsular avulsions (i.e. Hagl lesions).

The Bristow-Latarjet procedure involves osteotimizing the coracoid process and transferring it to the anterior/inferior aspect of the glenoid through a split in the subscapularis muscle. This extra osseous surface area, in conjunction with the 'sling' effect of the conjoined tendon, provide excellent stability of the glenohumeral joint.

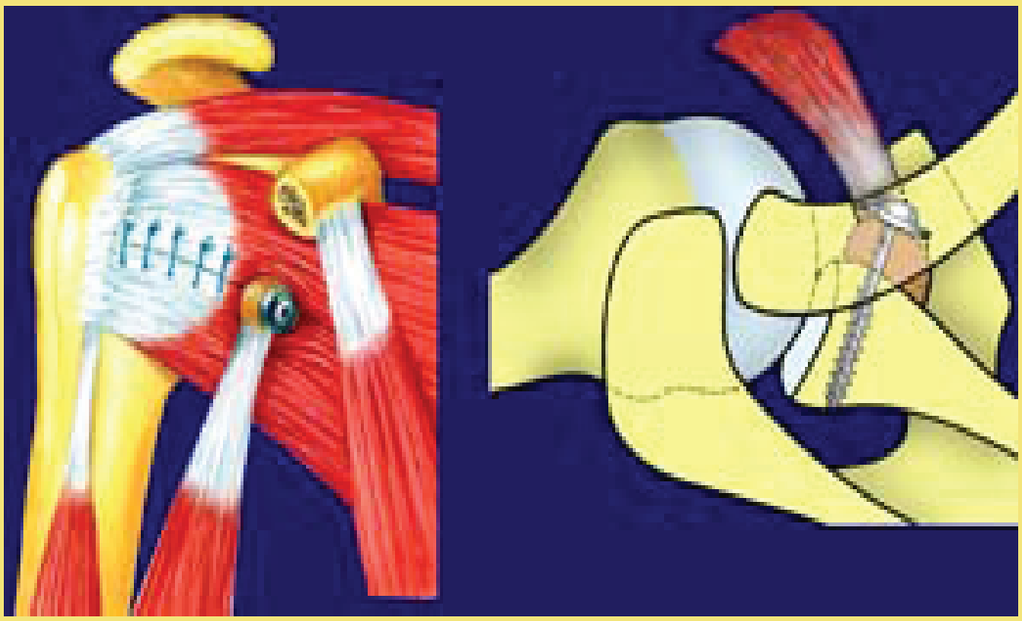

Image showing the transferred coracoids process and conjoined tendon (frontal and axial view).